

EYELASH EXTENSIONS

# Aftercare

"do's and don'ts"

## DO

wash lashes with soap and water  
daily  
use extension-safe cleanser  
brush occasionally with clean  
mascara wand  
return for fills regularly to  
remove grown-out extensions  
arrive to your appointment with  
clean lashes

## DON'T

expose extensions to moisture for  
24 hours  
use an eyelash curler  
expose extensions to heat  
use oil products on your face  
pick at extensions or remove them  
yourself  
apply mascara to extensions,  
especially waterproof

BLUSH  
Academy

For the first **24 hours**: Avoid water and steam on your fresh lash extensions.  
Avoid swimming, using a sauna or jacuzzi.

**Thereafter**: Avoid products containing **oil** to come in contact with your extensions. This includes eye makeup remover, face lotions, eyeshadow primer, serums, some makeup products, etc. Oil products are the number **ONE** lash extension ruiner. They break down the adhesive and cause premature lash loss.

It is OK to get your lashes wet after 24 hours and it is in fact encouraged to keep them clean by gently cleansing daily with oil-free products.

If you MUST use mascara (not recommended) apply a NON-waterproof mascara mid-lengths to tips. Remove with warm water and the finger. Don't rub! Special mascara designed specifically for lash extensions can be purchased.

Do NOT use an eyelash curler, which will permanently crimp extensions.

I will supply you with a clean mascara wand. I recommend you use this daily to comb lashes and keep them straight and well groomed. It IS possible to brush them too much. After showering and when waking up in the morning are good times to brush lashes.

Avoid high heat. Hair dryers directly on the lashes, using a lighter near the lashes, sitting by an open flame (bonfire), opening your oven and exposing them to a sudden burst of hot air, etc. Lashes will become pliable and lose their curl and can even become singed.

Don't pull or pick at your lashes. These should not be removed at home or without the use of an eyelash adhesive remover. If you choose to do this on your own you risk damaging your natural lashes.